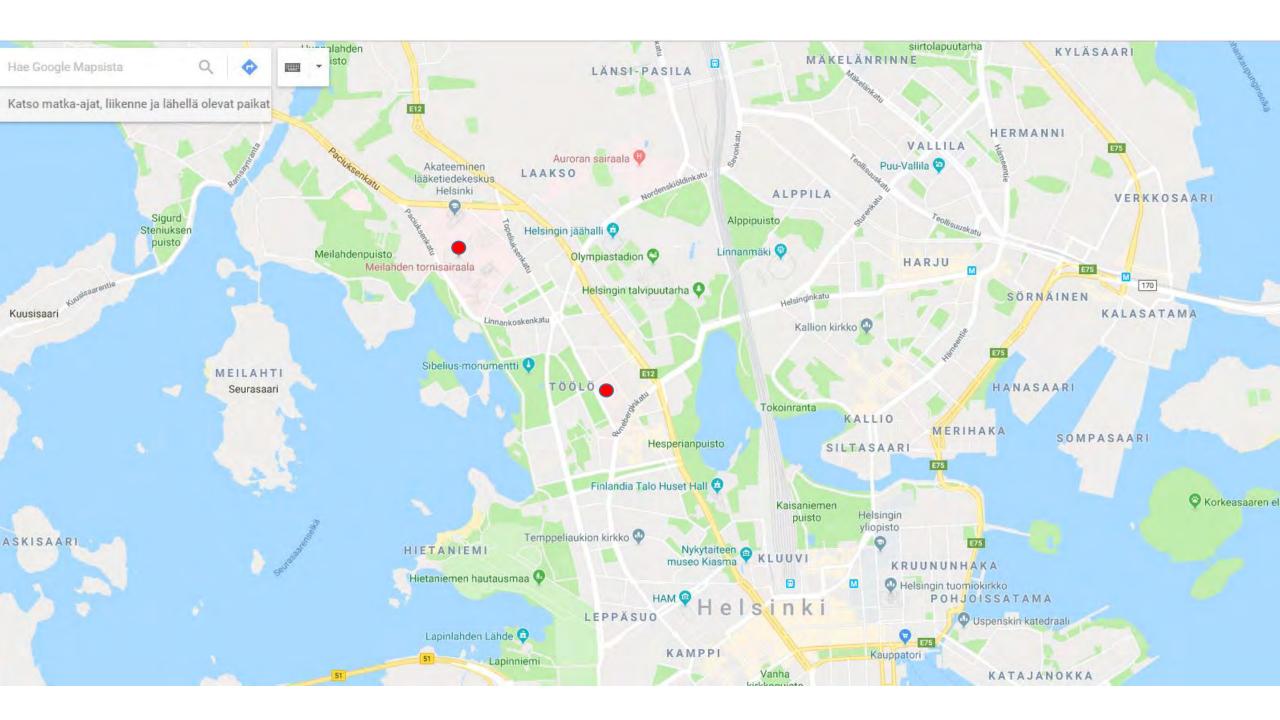
# Helsinki University Central Hospital



Meilahti campus

## Töölö Hospital





# SAH - Subarachnoid hemorrhage

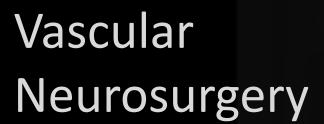
Takehome messages from video

# SAH - Subarachnoid hemorrhage

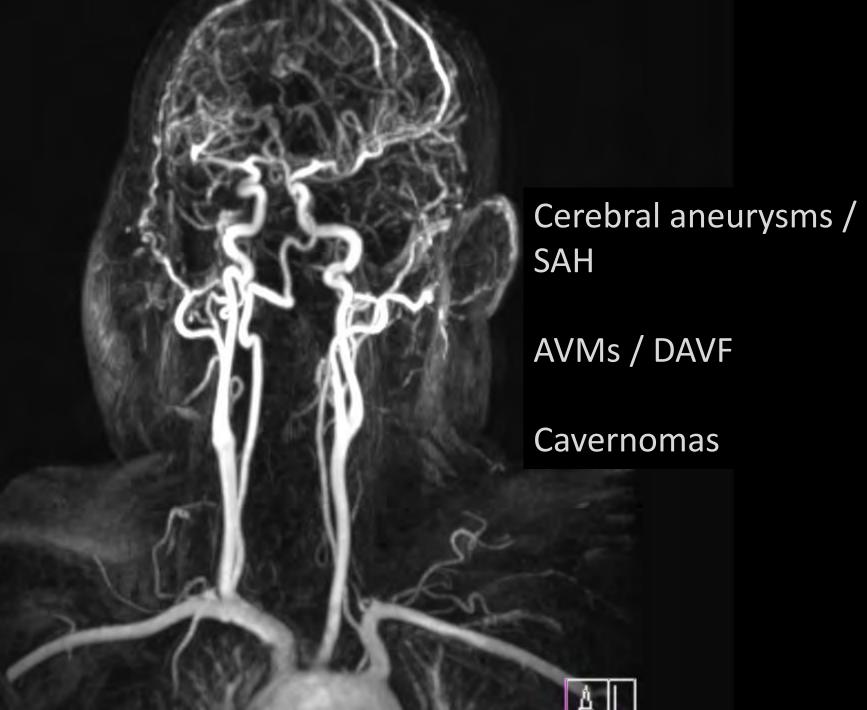
- Takehome messages from video
  - Acute onset / loss of conciousness
  - Female
  - Smoker
  - Working age
  - Typical CT scan

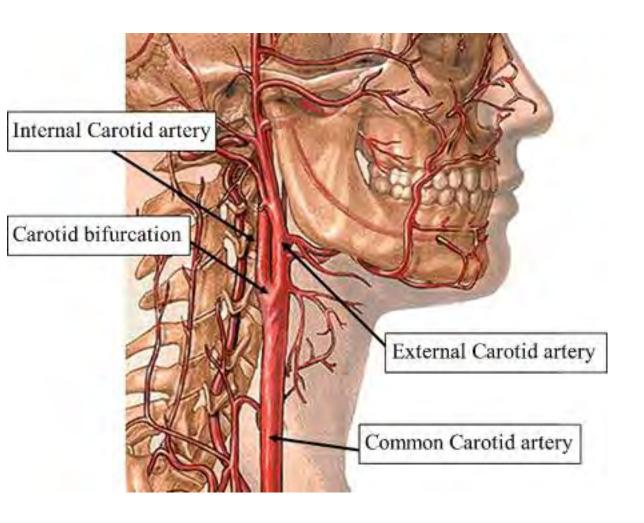
# SAH - Subarachnoid hemorrhage

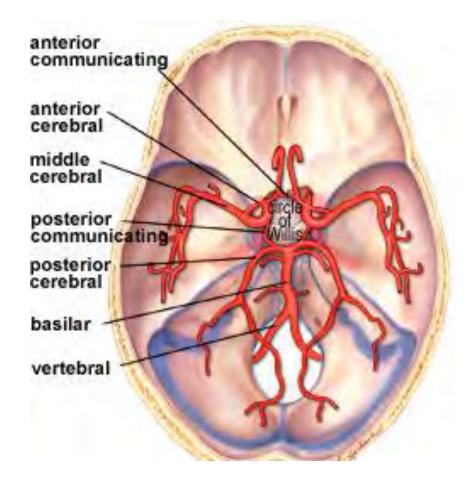
- Takehome messages from video
  - Acute onset / loss of conciousness
  - Female
  - Smoker
  - Working age
  - Typical CT scan
  - <50% mortality due to
    - bleeding, re-bleeding or vasospasm
  - Clipping or coiling of anneurysm inorder to prevent re-bleeding
  - ICU treatment for vasospasm
  - ¼ have good recovery

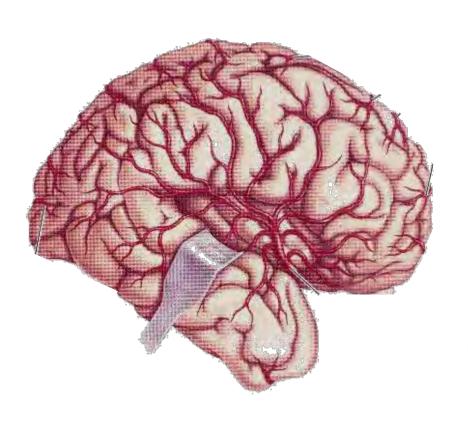


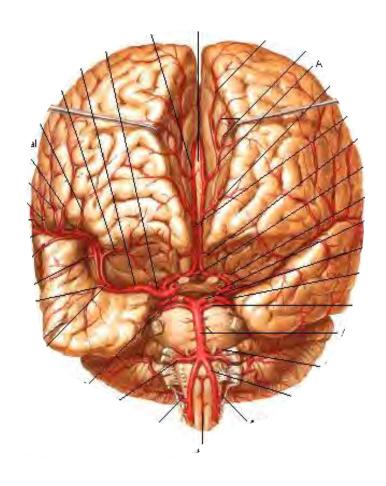
Johan Marjamaa M.D. Ph.D.





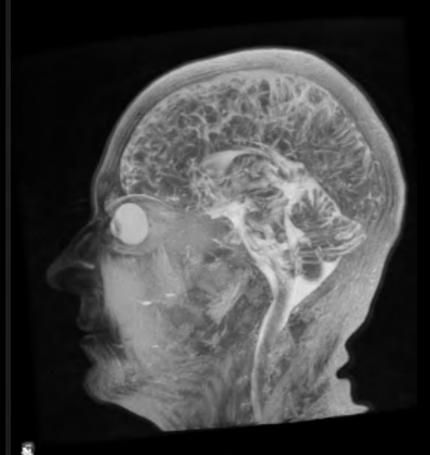












### Interhemisfääriner

Pterionaalinen

Lateraalinen supraorbitaalinen

Orbitozygomaattinen

Transsfenoidaalinen

Subtemporaalinen

Suboccipitaalinen

Retrosigmoidaalinen

### Interhemisfäärinen

Pterionaalinen kraniotomia

Lateraalinen supraorbitaaliner

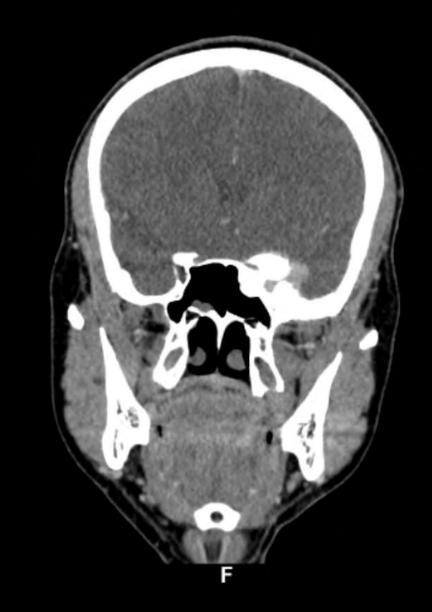
Orbitozygomaattinen

Transsfenoidaalinen

Subtemporaaliner

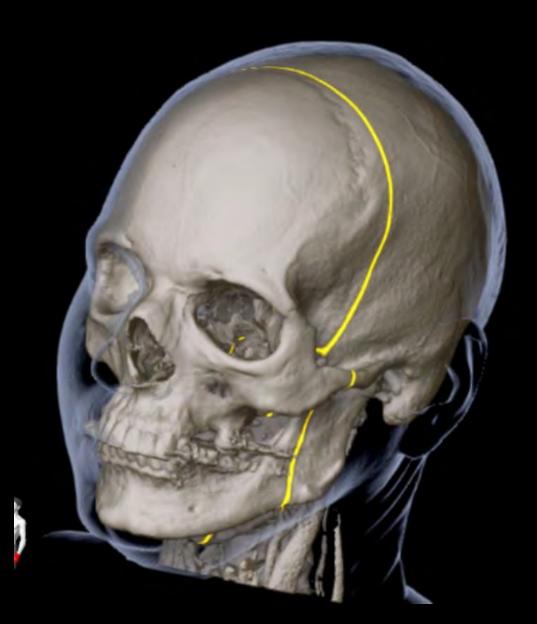
Suboccipitaaliner

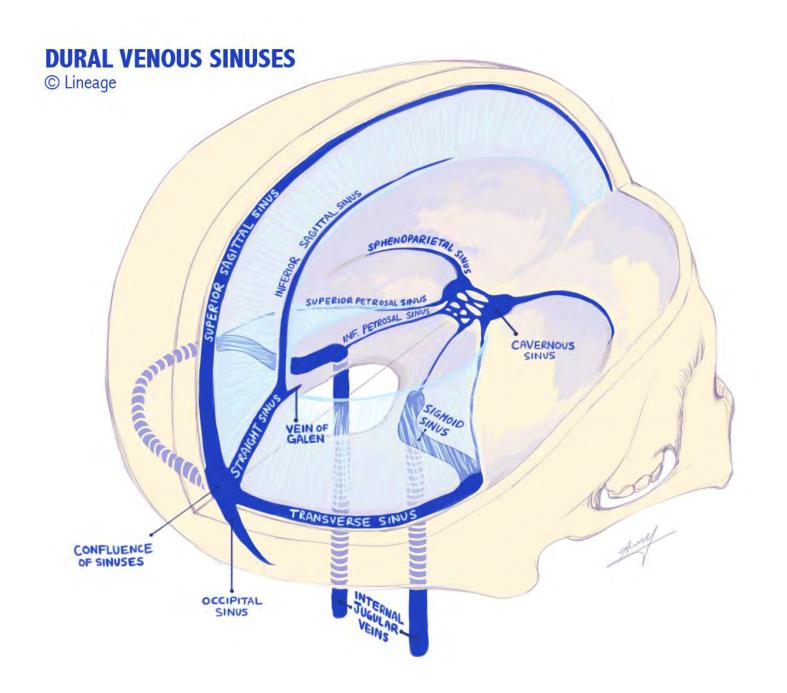
Retrosigmoidaaliner



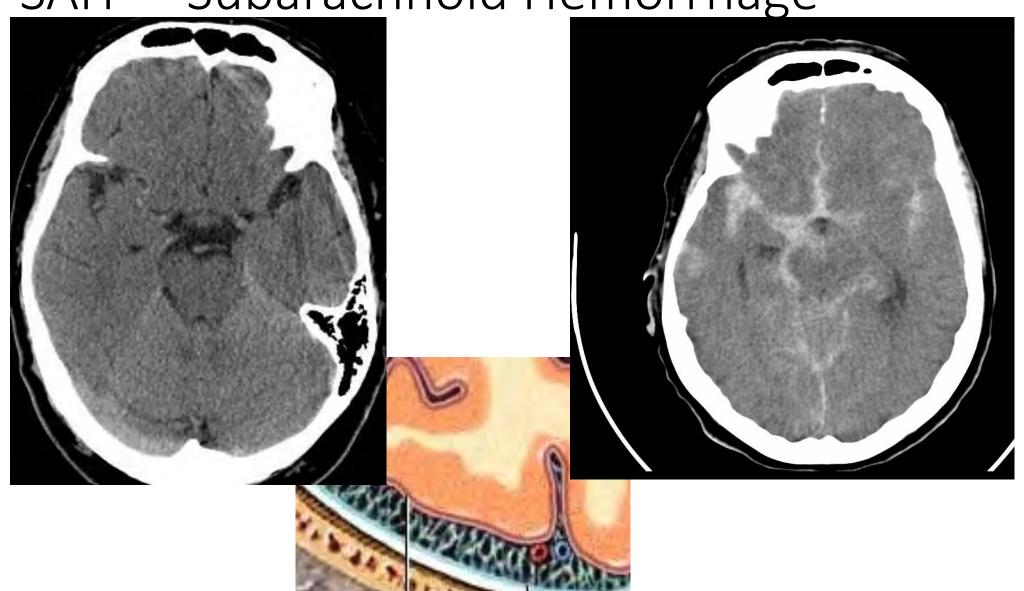
R







SAH - Subarachnoid Hemorrhage



# Riskfactors

- Smoking
- Hypertension
- Dyslipidemia
- Alcohol
- Female gender
- Age (50-55)
- Heriditability



Neurology. 2016 Sep 13; 87(11): 1118–1123. doi: 10.1212/WNL.0000000000003091 PMCID: PMC5027805

## Incidence of subarachnoid hemorrhage is decreasing together with decreasing smoking rates

Miikka Korja, MD, PhD, Mand Lehto, MD, PhD, Seppo Juvela, MD, PhD, and Jaakko Kaprio, MD, PhD

Author information ▶ Article notes ▶ Copyright and License information ▶

See commentary "Subarachnoid hemorrhage: Another reason not to smoke." on page 1070.

This article has been cited by other articles in PMC.

Abstract Go to: ♥

**Objective:** To determine the nationwide incidence of subarachnoid hemorrhage (SAH) and report nationwide changes in smoking rates between 1998 and 2012 in Finland.

Methods: In this register-based study, we utilized the nationwide Causes of Death Register and Hospital Discharge Register in identifying SAH events between 1998 and 2012. Population statistics in Finland, which were obtained through a database of Statistics Finland, were used to calculate crude annual incidence rates of SAH. For the direct age standardization of crude incidence rates, we used the European Standard Population (ESP) 2013. Data on changes in nationwide smoking rates between 1998 and 2012 were extracted from a database of the National Institute for Health and Welfare.

**Results:** For the total of 79,083,579 cumulative person-years, we identified 6,885 people with SAH. Sudden deaths from SAH away from hospitals or in emergency rooms accounted for 1,771 (26%) of the events. Crude nationwide annual incidence rates varied between 6.2 and 10.0 per 100,000 persons, and increased by age particularly in women. Among 70- to 75-year-old women, the incidence of SAH was highest (22.5 per 100,000 persons). The 3-year average of ESP standardized incidence decreased 24% from 11.7 in 1998–2000 to 8.9 per 100,000 persons in 2010–2012. Daily smoking decreased 30% between 1998 and 2012.

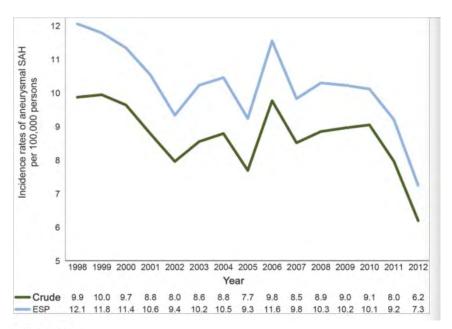
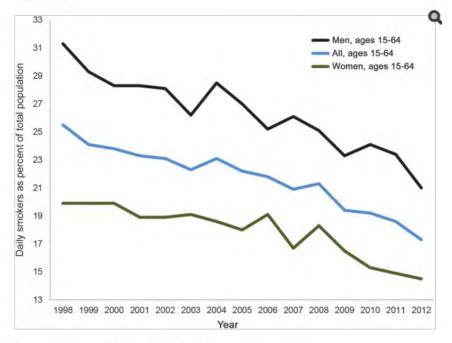


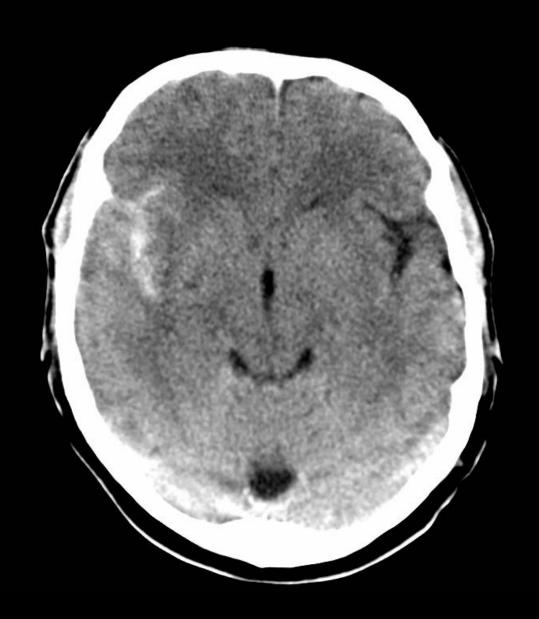
Figure 2.

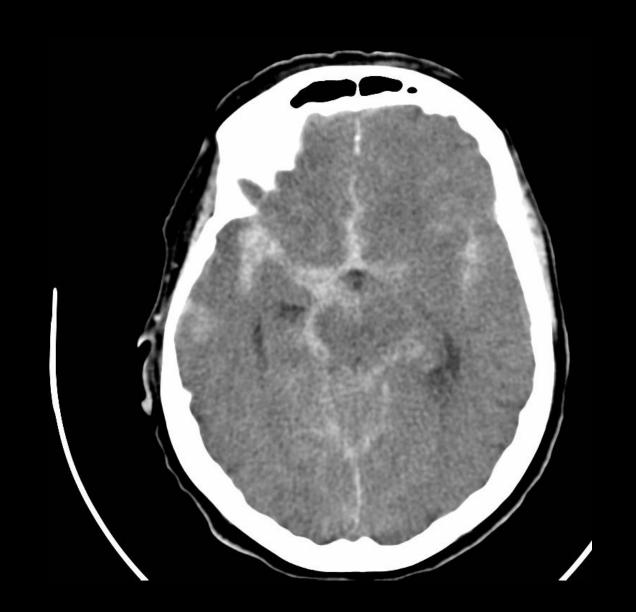


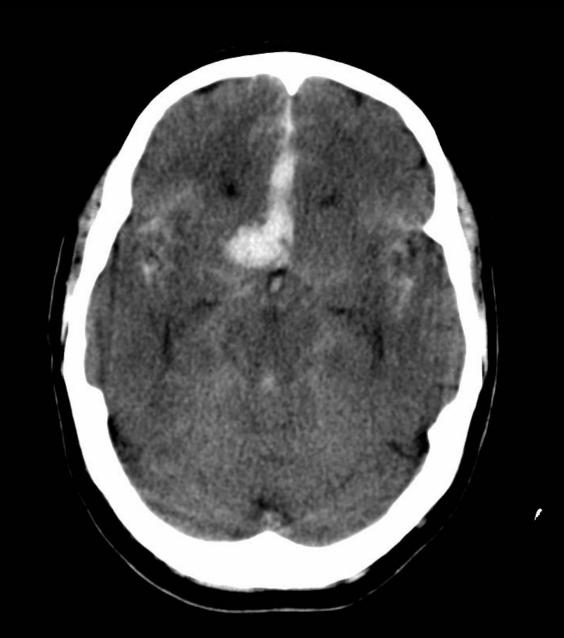
Daily smokers aged 15-64 years in Finland between 1998 and 2012

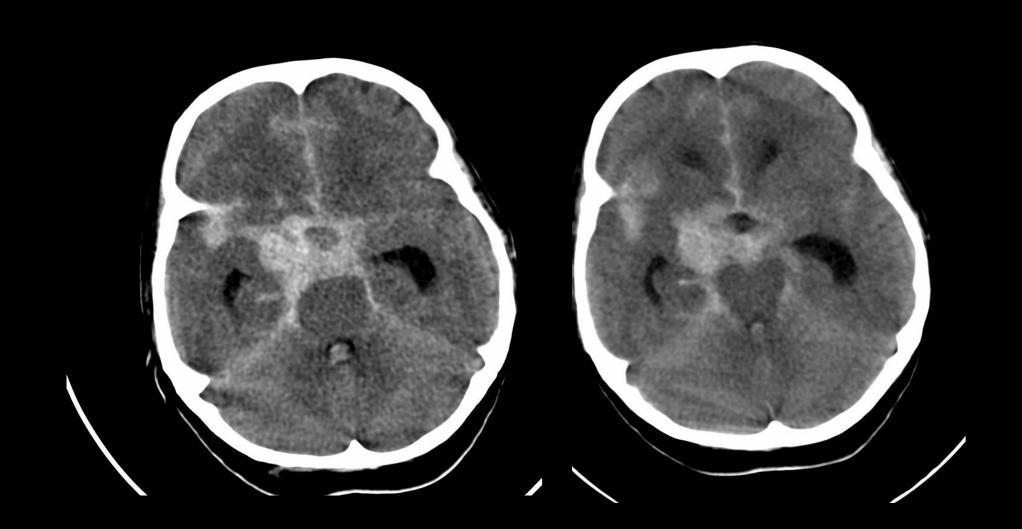
## SAV

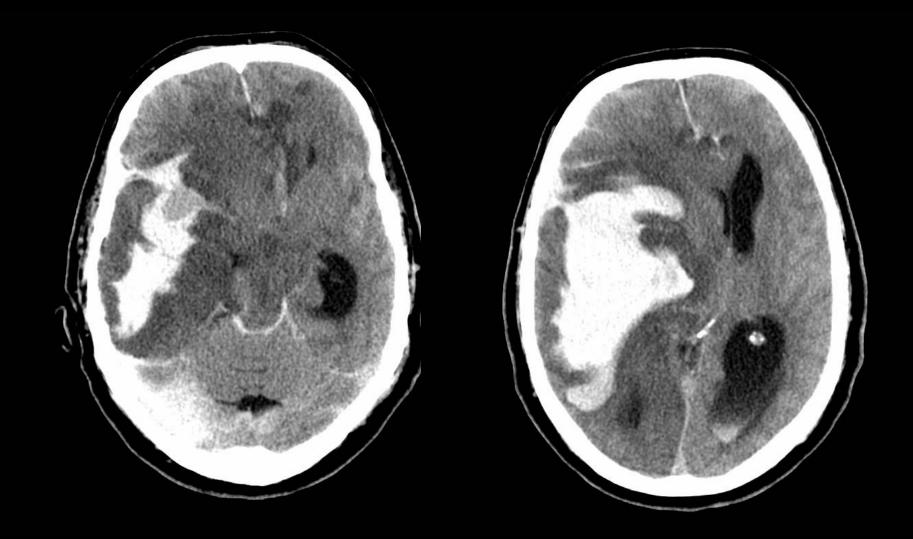
- Acute headache
- "Red flags"
  - LOC
  - Seizure
  - Drowsiness, vomiting
  - Neurological deficit
- CT can be negative after 6 hours -> CSF analysis
- Re-bleeding
  - 4% within 1 day
  - 20% within 1 week

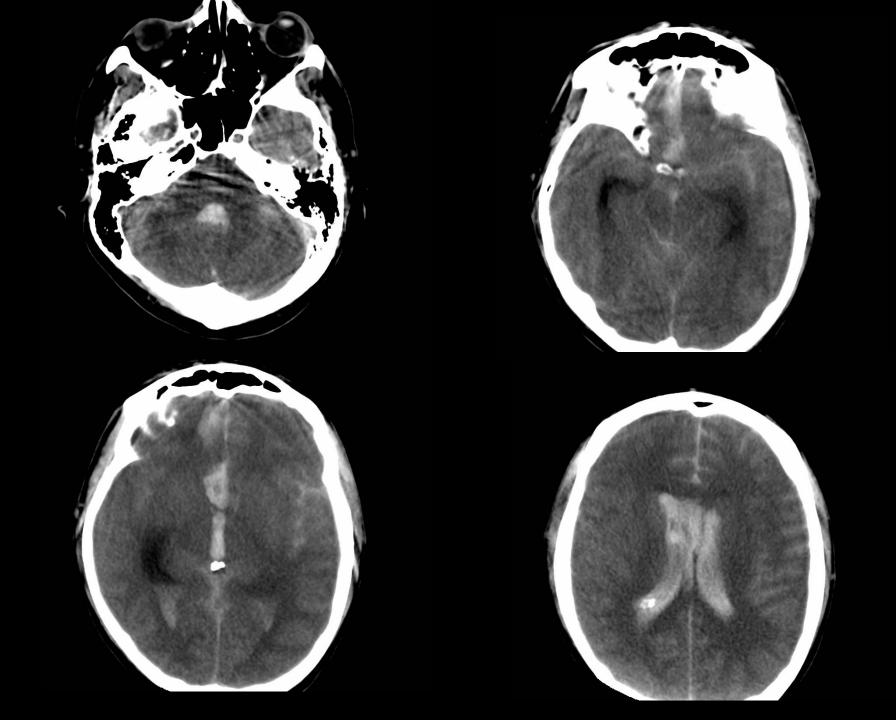








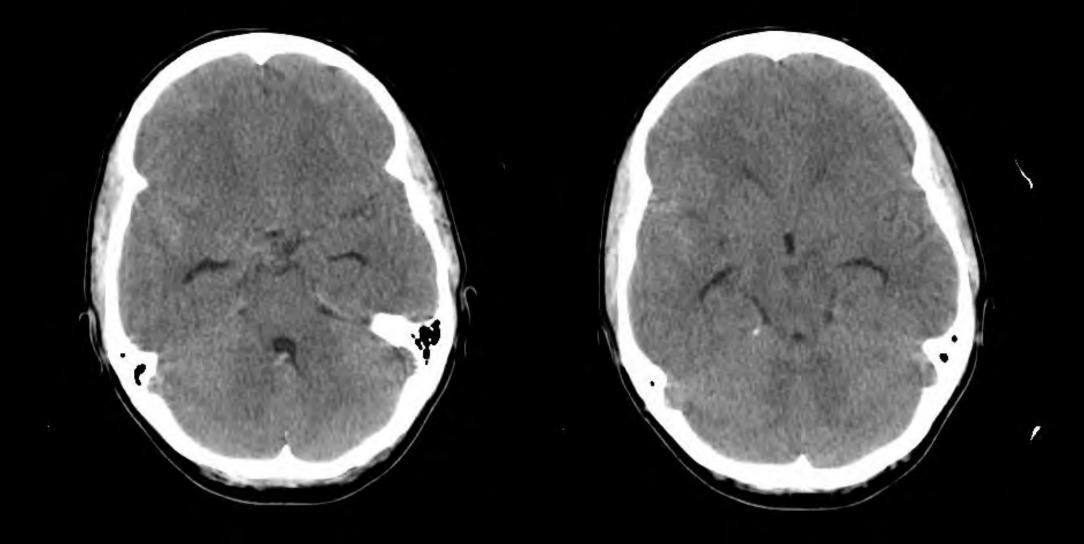




#### **CASE**

Porvoon local hospital, wednesday 7.6 2017 kl 12.00

54 y.o male, working, hypertension. Ex-smoker.5 days ago sudden onset of headache, still continuing.Comes to hospital because of prolonging symtoms, HA, nausea





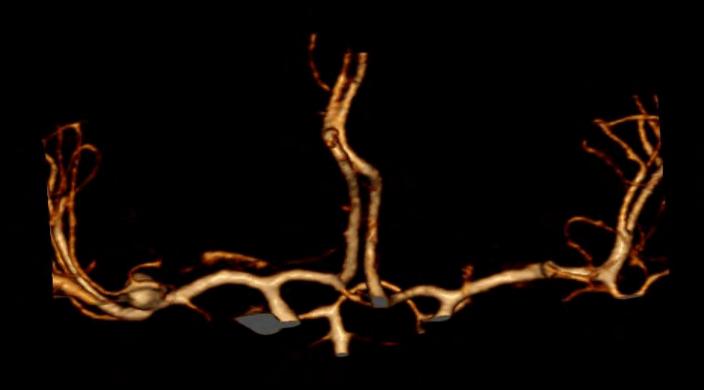
SAH

- what to do?

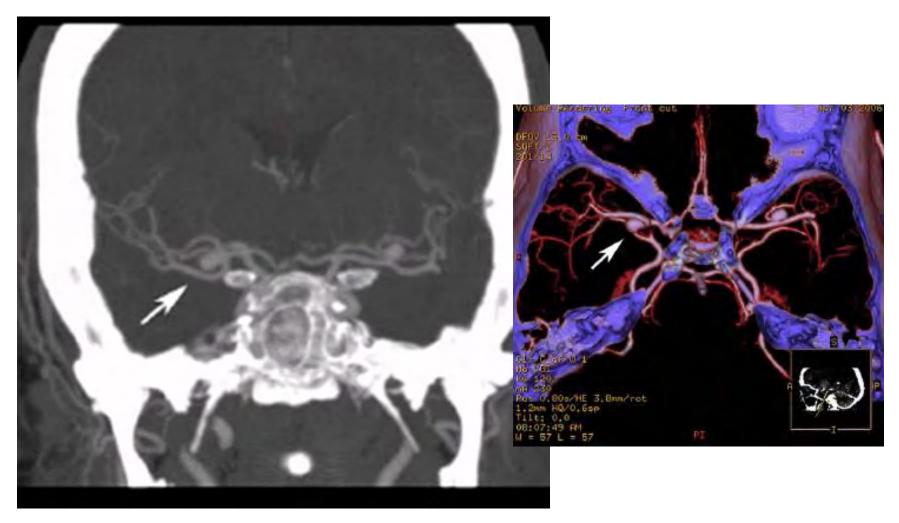
## SAH

- Bedridden
- BP control (aim <160mmHg)</li>
  - labetaloli, enalapriili
- Caprilon 1g iv (x4, 3days)
- Antidotes for anticoagulants
- Nimodipine (60mg x6 p.o.)
- Treatment of
  - headache, perfalgan iv, oxanest im/iv
  - nausea, granisetroni
- Transport to neurosurgiacal department
- Intubation if unconsious
- Anticonvulsive treatment?

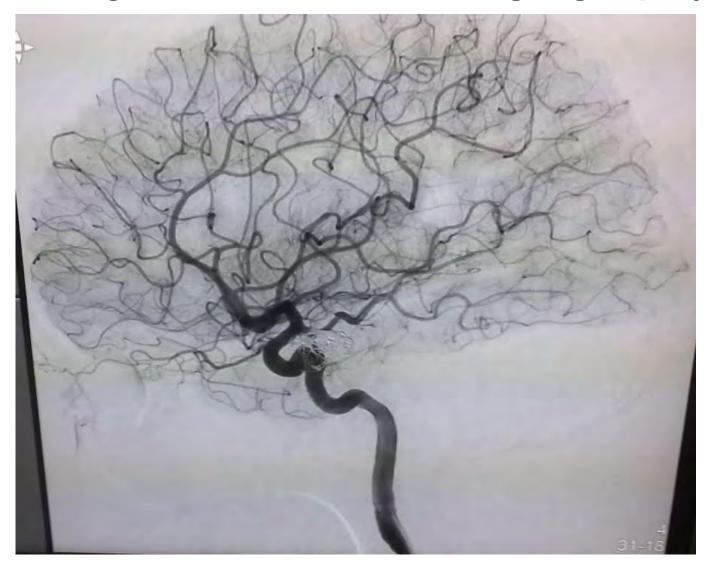
### CT-angio



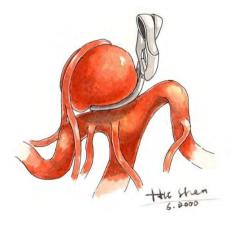
# CT - Angiography

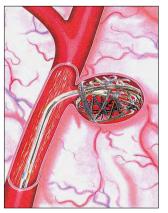


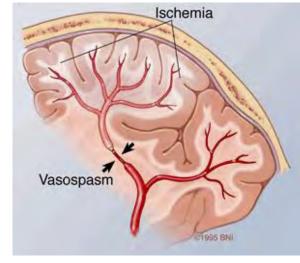
# Digital subtraction angiography



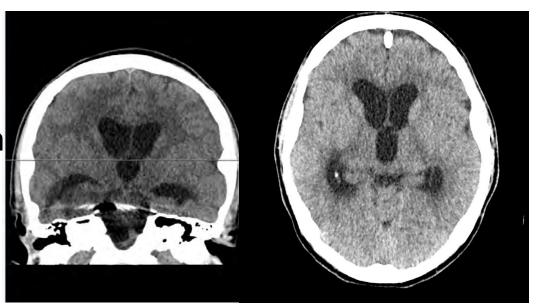
## SAH

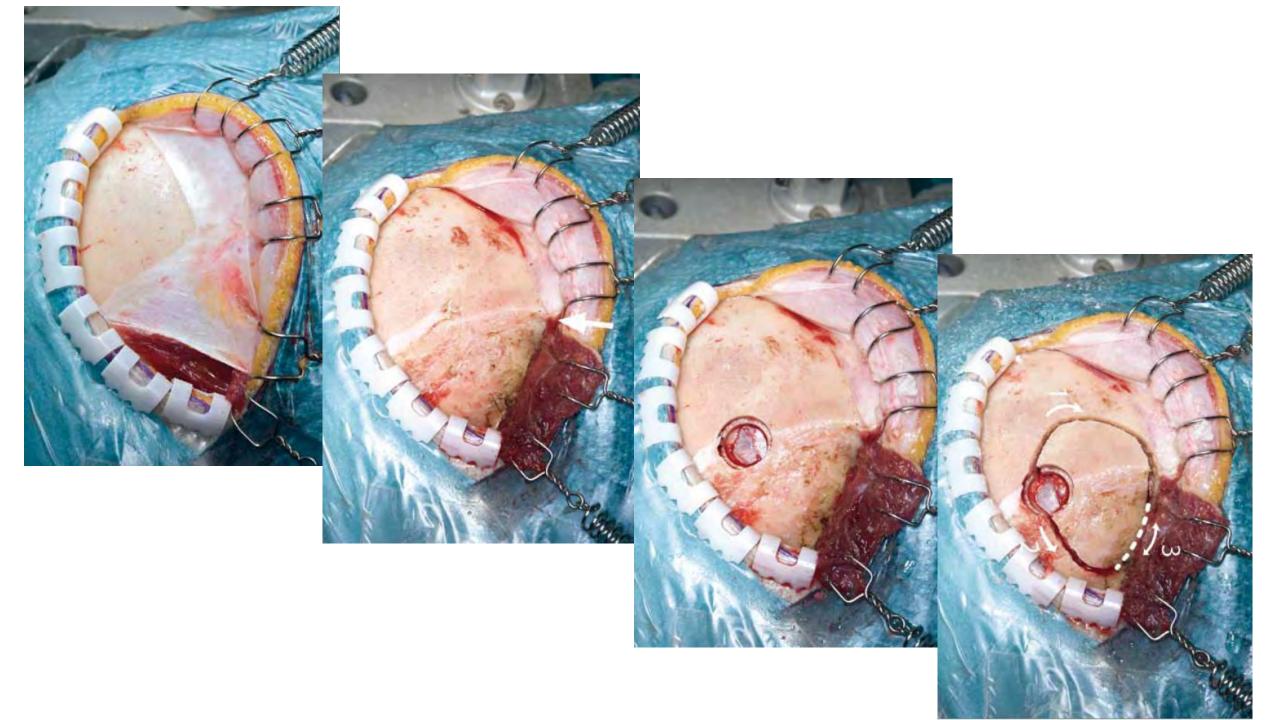




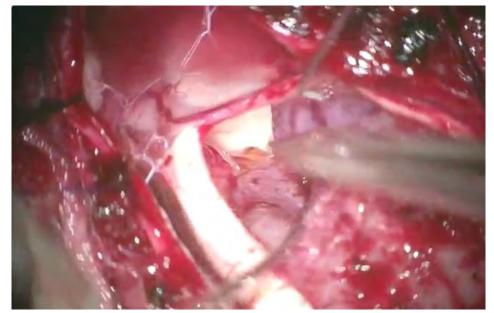


- Aneurysm treatment within 2 days
- Vasospasm prevention
  - nimodipine 21 days
  - prevent hypovolemia
  - inotropic medication
- Hydrocephalus treatment
- 2-3 weeks in neurosurgical departm



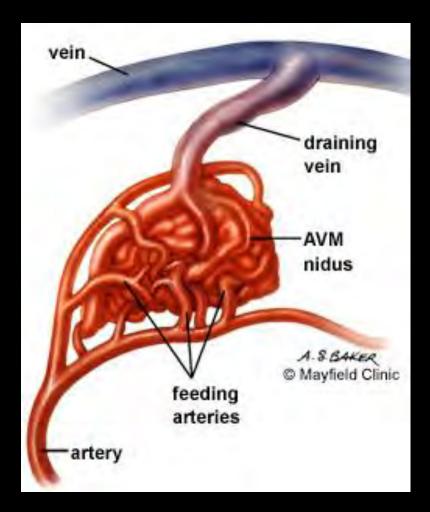




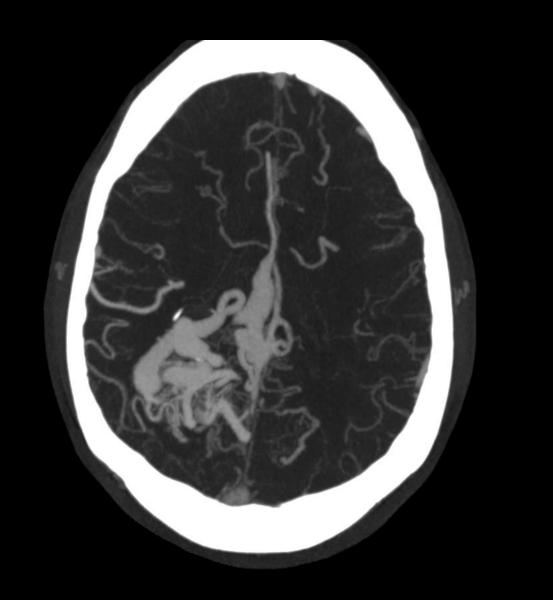


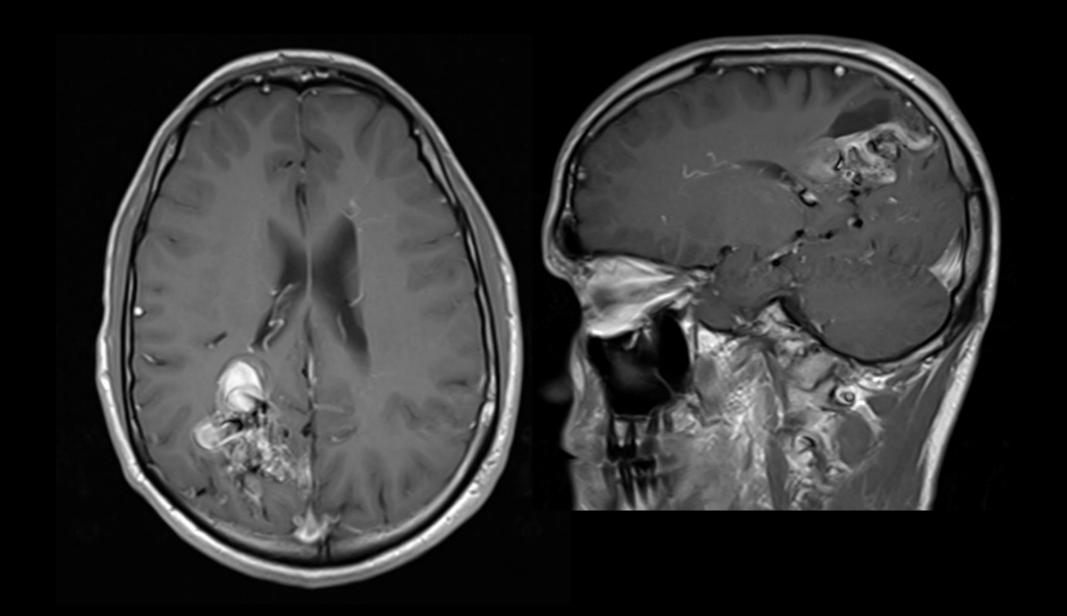
Microscope

### Arteriovenous malformation

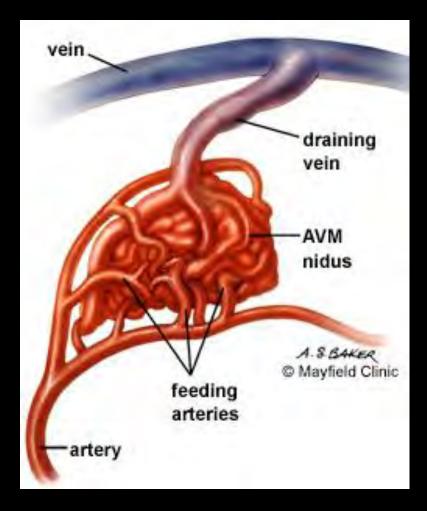


**AVM** 





### **AVM**



Congenital (33v)

Rare

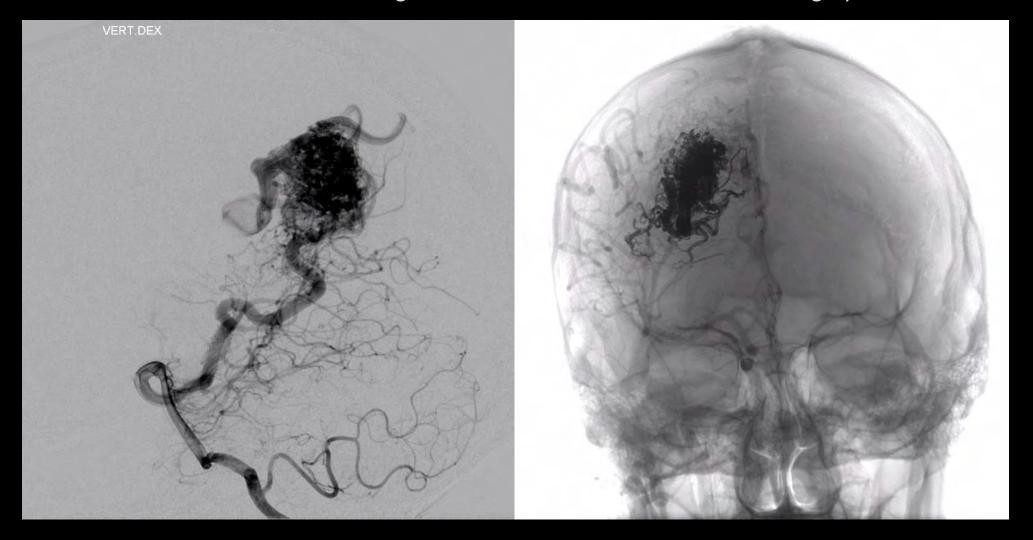
Rupture rate 3%/year

Other symtoms

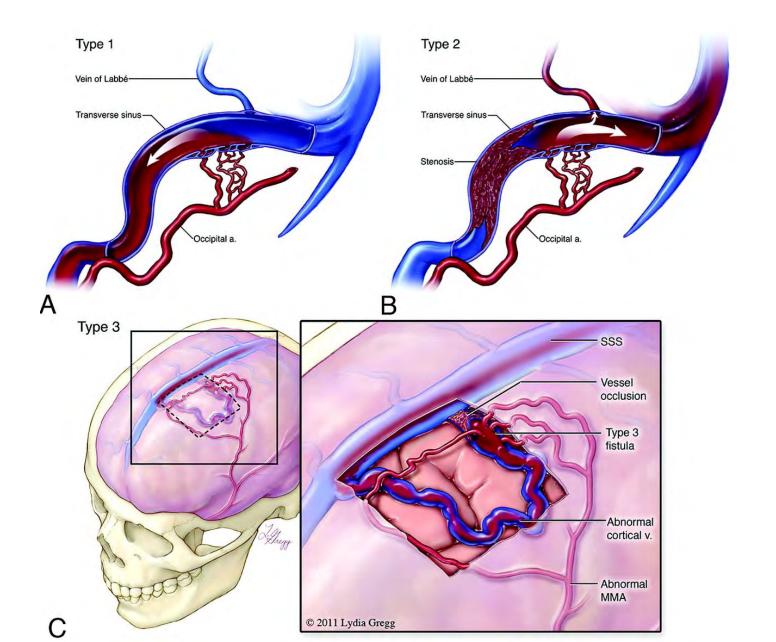
-seizure

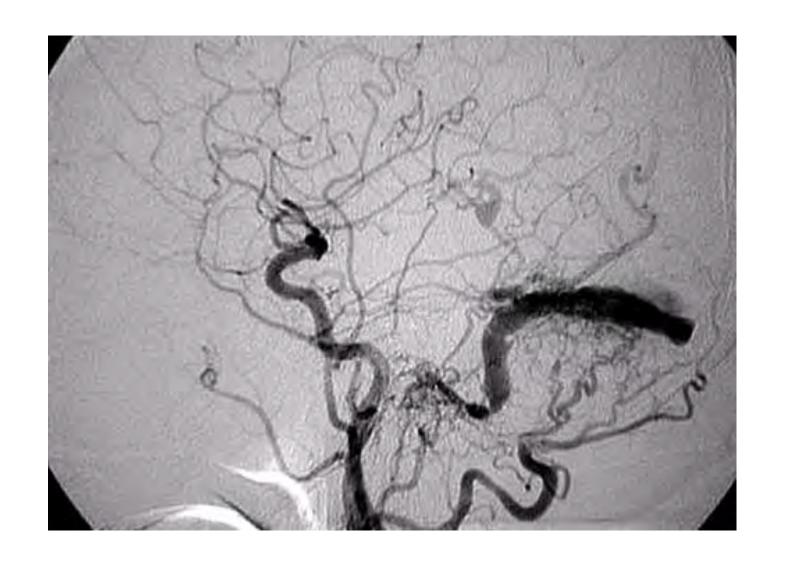
-neurological deficit

#### Endovascular Microsurgical Conservative Stereotactic radiosurgery

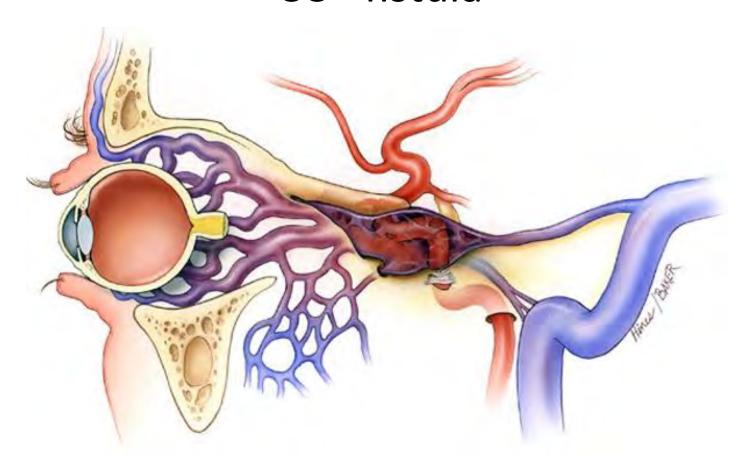


### **Dural AV-fistula**

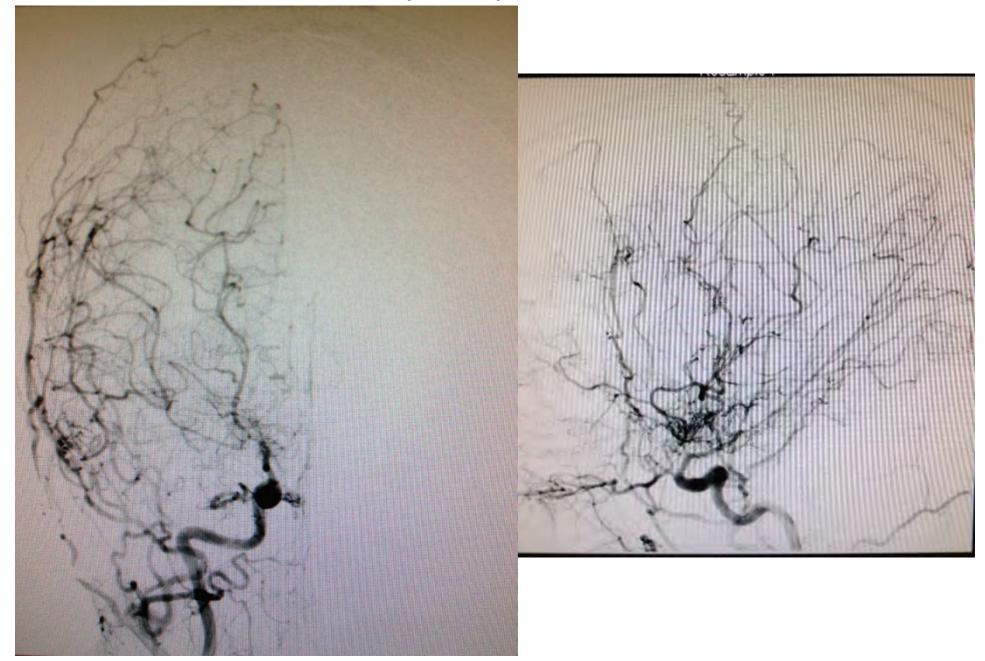




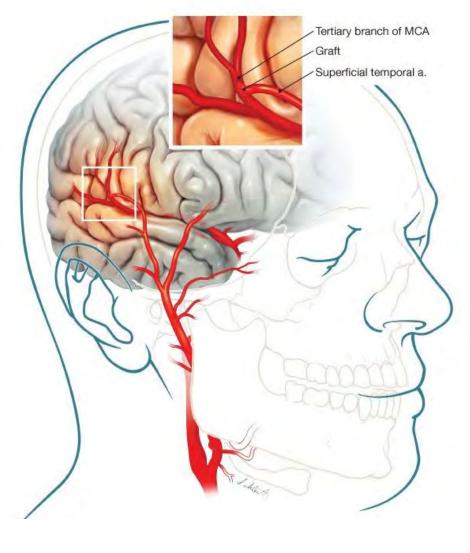
# CC - fistula



## Moya-Moya tauti

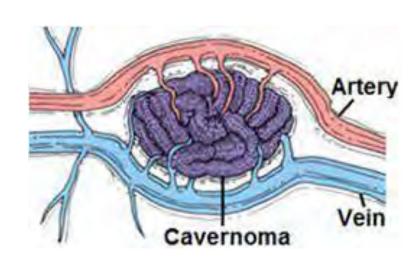


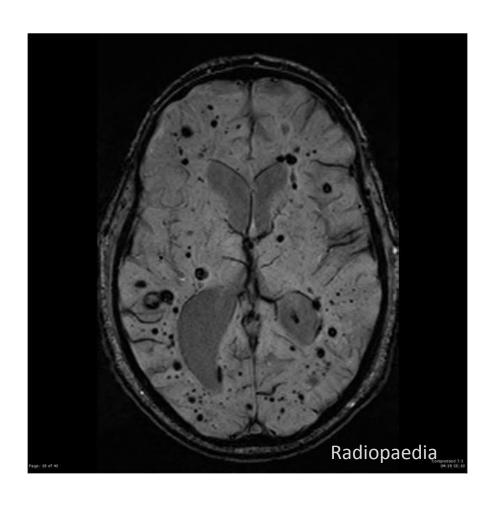
### STA – MCA bypass





## Cavernous hemangioma





### Cavernous hemangioma

Congenital or sporadic

Single or multiple

Bleeding usually minor

Many are incidental

Eloquent or non-eloquent location

Surgical or conservative treatment

